

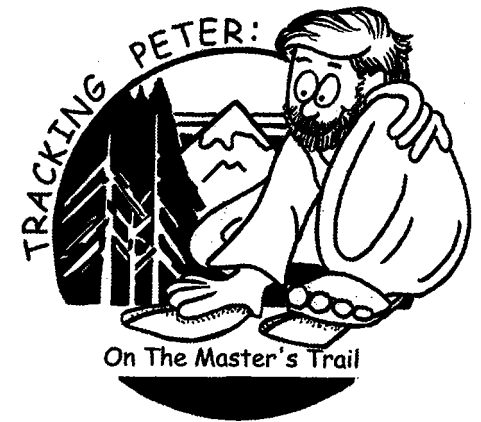
# CAMP MANUAL

## SIERRA BIBLE CAMP

*No. CA Junior and Young Teen Session*

July 4 – 11, 2009

Ages 8 – 16



Sponsored by:  
 Alta Mesa Church of Christ  
 3504 Alta Mesa Drive  
 Redding, CA 96002  
 (530) 221-5393

Camp Director: Walter Evans  
 Camp-Cordinator Pat Evans  
 (530) 221-2079

<http://www.wpevans.com/pat/SBC-forms.htm>

*Pack your bags!*



## FOR YOUR INFORMATION

**F.V.I.**

Most crafts are covered by camp fees. A few crafts are available at the Canteen where snacks and sodas are sold. You may wish to *bring at least \$7.00* to purchase a credit card for the Canteen (which will be open at posted times). Cabins will be assigned and *NO changes will be made until after registration. The dress code will be enforced.* Each camper is responsible for keeping the bunk area clean and take a turn helping with K.P. in the Dining Hall. All campfire entertainment must be approved by the Campfire Director.

## WHAT TO BRING MARK YOUR STUFF



Sleeping bag and pillow (nights can be cold)

Towels and wash clothes

Personal items (comb, toothbrush, paste, soap, shampoo, medicines, etc.)

Swimsuits (modest) (ties for long hair)

Robe and big towel (to wear to/from pool)

Shoes (2) pair (NO open-toed sandals for safety reasons except thongs for pool)

Socks (7 pair) and sleepwear (2)

Jeans or longer shorts (NO short shorts--

Put arms straight down at your sides.

If your shorts are shorter than your fingertips, they are too short.)

Shirts/blouses (NO low cut or bare midriff)

Warm jacket or sweater

Plastic bag for dirty clothes

Your Bible, paper and pencil

A permission slip (if you must call home)

**A GREAT ATTITUDE!**



## JUST A FEW RULES



1. Campers are expected to follow the camp rules and the camp schedule.
2. Campers are expected to show respect for others and no foul language, swearing, fighting, or throwing objects is acceptable.
3. Boys and girls are expected to treat each other with respect. No intimate caressing will be allowed. The boys' area is off limits to girls. The girls' area is off limits to boys.
4. Tobacco, alcohol, drugs, knives or weapons will not be tolerated. Violators *will* be sent home.
5. All medications will be collected and dispensed by the camp nurse.
6. **NO SWIMMING IN LAKE ALMANOR.**
7. Hands must be wash before each meal and no chewing gum is allowed in the Dining Hall.
8. All injuries should be reported to your counselor before going to the nurse.
9. No electronics will be allowed (radios, boom boxes, audio/video games, cell phones).
10. Campers must be in their cabins and quiet during Quiet Hour.
11. No campers may shower before 7:00 a.m.
12. Lost and found items should be turned in at the office.
13. No leaving the campground without the permission of the Camp Director.
14. Before anyone leaves for home on Saturday morning, all cabins and the campground must be cleaned and inspected.

Christian behavior is expected  
in dress and actions.

## SCHEDULE OF ACTIVITIES



### SATURDAY

1:00 Registration begins (after set up)  
1:30 - 5:30 Get settled/Open recreation  
Swim times will be announced  
5:30 Dinner  
7:00 - 7:45 Lesson/Singing at Church Bowl  
8:15 - 9:15 Campfire/Devotional  
9:15 Younger campers to cabins  
9:15 - 9:30 AfterGlo Devo for older teens  
9:45 LIGHTS OUT

### SUNDAY

7:30 First wake-up call  
7:45 Last wake-up call  
7:45 - 8:30 Breakfast  
8:30 - 9:00 Cabin clean-up  
9:00 - 9:30 Singing and Skit at Church Bowl  
9:40 - 10:10 Break to First Class  
10:15 - 10:45 Break to Second Class  
11:00 - 12:00 Worship at Church Bowl  
\*Afternoons: Same as weekdays

### MONDAY

7:30 First wake-up call  
7:45 Last wake-up call  
7:45 - 8:30 Breakfast  
8:30 - 9:00 Cabin clean-up  
9:00 - 9:25 Singing and Skit at Church Bowl  
9:30 - 10:00 1st Rotation  
10:05 - 10:35 2nd Rotation  
10:45 - 11:25 3rd Rotation  
11:30 - 12:10 4th Rotation  
12:30 Lunch  
1:30 - 2:30 Quiet Hour  
2:30 - 5:30 Recreation Time  
2:45 - 3:45 First Swim  
4:00 - 5:00 Second Swim  
5:30 Dinner  
7:30 - 7:45 Lesson/Singing at Church Bowl  
8:15 - 9:15 Campfire/ Devotional  
9:15 - 9:30 AfterGlo Devo for older teens  
9:45 LIGHTS OUT!

### THROUGH FRIDAY:



## ABOUT SIERRA BIBLE CAMP



Welcome Camper! We are so glad that you are coming to Sierra Bible Camp. We want you to have a great time with your friends - hiking, doing crafts, playing sports and games and swimming. Most of all, we want you to enjoy your Bible classes and learn the message from God's Word as we follow *Daniel* and Hike The High Road.

## ARRIVAL TIME/DEPARTURE



You may arrive on Saturday *after* 1 p.m. Please do not arrive earlier. At 1:30 you can check in at the Registrar's desk and receive your cabin assignment. Campers must be picked up on July 12th by 11 a.m.

## HEALTH AND SAFETY



All campers must obey health and safety rules and every attempt is made to insure a safe environment. A qualified nurse is on the staff and there are doctors and hospitals in nearby towns. Campers are covered by insurance for emergencies not covered by their own insurance.

## MAIL AND PHONE CALLS



Mail may be sent to Sierra Bible Camp. P. O. Box 216, Canyon Dam, CA 95923. The telephone number is (530) 284-9982. The number of call should be limited and not interrupt the scheduled events. Only campers with signed permission slips will be allowed to call home except in emergencies.